

The DCP-DETOX

Detox, Size and Weight Loss Screening Form 2011

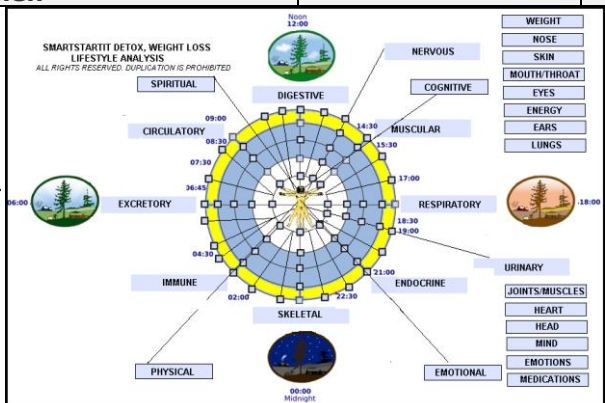
| | | | |
|---------------------------|-------------|--|------------------|
| Name | | Cell Phone | |
| E-mail | | Home Tel. | |
| Address | | Referred By | |
| Typical Meals | Times | What do you Eat? | Comments |
| Breakfast | | | |
| Lunch | | | |
| Dinner | | | |
| Snacks and Indulgences | | | |
| PERSONAL | Data | Do you Consume the Following? | Type No's |
| Age | | 1. Sugar | 2. Tea |
| Present Weight | | 3. Coffee | 4. Red Meat |
| Height | | 5. Cokes | 6. Milk |
| Target Weight | | 7. Grains | 8. Fish |
| | | 9. Chicken | 10. Fruit |
| | | 11. Veg | 12. Seeds |
| | | 13. Nuts | 14. Herbs |
| | | 15. Spices | 16. Vitamins |
| WEIGHT | | DIGESTIVE TRACT | DATA |
| Binge Eating | | Heartburn | |
| Crave Certain Foods | | Diarrhea | |
| Excessive Weight | | Constipation | |
| Compulsive Eating | | Bloated Feeling | |
| Water Retention | | Burping or Passing Gas | |
| Skip Meals Often | | Intestinal Pain | |
| Excess Alcohol | | Diagnosed Digestive Disorders? –Ulcers | |
| Night Eating (After 8pm) | | Bad Breath or Foul Smelling Stools? | |
| | | Is your Digestion sensitive to HOT, Spicy Foods? | |
| ENERGY/ACTIVITY | | Are you Stressed? | |
| Fatigue-Sluggish | | Allergies? | |
| Apathy-Lethargy | | Occupation? | |
| Hyperactivity | | IMPORTANT.....PLEASE ANSWER ACCURATELY! | |
| Restlessness | | How Much WATER do you consume Daily? | |
| EMOTIONS | | How many hours of Sleep do you get daily? | |
| Mood Swings | | Do you Exercise? | |
| Anxiety, Fear | | Are you a Victim of your Own Self-Neglect? | |
| Anger, Irritable | | Do you Smoke Cigarettes? How many daily? | |
| Depression | | When last have you had a Medical Check-Up? | |
| Emotional Eater | | | |
| | | AFFLICTIONS | |
| SKIN | | Diabetes? | |
| Acne, Hives, Rashes | | Hypertension? | |
| Hair Loss | | Thrombosis? Varicose Veins? | |
| Excessive Sweating | | Arthritis? Cardiovascular Complications? | |
| LUNGS | | State here. What have you been diagnosed with? | |
| Chest Congestion | | Other | |
| Asthma, Bronchitis | | Other | |

| | | | |
|------------------------------|--|---|-----------------------|
| Short of Breadth | | Please let us know how you are FEELING physically and emotionally | Office Use |
| Difficulty Breathing | | | Fatigue |
| HEAD | | | Constipation |
| Headaches | | | Digestive |
| Faintness | | | Gastritis |
| Insomnia | | | Respiration |
| Dizziness | | | AC-ALK |
| HEART | | | Excess W |
| Irregular Heart Beat | | | Eczema |
| Rapid and Pounding Heartbeat | | | Cholesterol Arthritis |
| Chest Pain | | Aging | |
| | | Total Program Price | R |
| | | Less: Amount for Screening | R |
| | | Total amount owing | R |

| Messages from your Body. Please tick and Comment | | | Date | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--------------|------------|--|--|--|--|--|--|----------------|--------------|------------|---------|--|--|-----------|--|--|---------|--|--|------------|--|--|-------|--|--|----------|--|--|----------|--|--|--------|--|--|---------|--|--|-------------|--|--|-------|--|--|
| Indigestion or Incomplete Digestion | | | <table border="1"> <tr> <th colspan="3">Important Rhythm and Times Please Fill in this Section.</th> </tr> <tr> <th>Daily Activity</th> <th>Typical Time</th> <th>Office Use</th> </tr> <tr><td>Wake Up</td><td></td><td></td></tr> <tr><td>Breakfast</td><td></td><td></td></tr> <tr><td>Commute</td><td></td><td></td></tr> <tr><td>Start Work</td><td></td><td></td></tr> <tr><td>Lunch</td><td></td><td></td></tr> <tr><td>End Work</td><td></td><td></td></tr> <tr><td>Exercise</td><td></td><td></td></tr> <tr><td>Dinner</td><td></td><td></td></tr> <tr><td>Bedtime</td><td></td><td></td></tr> <tr><td>Tummy Works</td><td></td><td></td></tr> <tr><td>Other</td><td></td><td></td></tr> </table> | | | Important Rhythm and Times Please Fill in this Section. | | | Daily Activity | Typical Time | Office Use | Wake Up | | | Breakfast | | | Commute | | | Start Work | | | Lunch | | | End Work | | | Exercise | | | Dinner | | | Bedtime | | | Tummy Works | | | Other | | |
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| Daily Activity | Typical Time | Office Use | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Wake Up | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Breakfast | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Commute | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Start Work | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Lunch | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| End Work | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Exercise | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dinner | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bedtime | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Tummy Works | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Other | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bloating | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Abdominal Pain/Cramps | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Low Back Pain | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bladder/urination problems | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Varicose Veins | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Water Retention | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bad Breadth | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ear Infections | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Frequent Sore Throat | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dandruff | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dry/Oily Hair | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Soft or Brittle Nails | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dry/Oily Skin | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sensitive to Perfumes | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Body Aches and Pains | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hemorrhoids /Protruding Rectum | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pain/Swelling or Lumps | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Painful Menstruation | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Anal Itching | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sensitive Mouth/Gums | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hiatus Hernia | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Low attention Span | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Foggy Head | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Swollen Abdomen | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

- Please read through carefully:**
1. Please do not take offence if we advise you to see your Medical Doctor to address your PAIN and DISCOMFORT.
 2. Please acknowledge that this Program only uses Fruits, Vegetables, Herbs and Natural Products. There are no inorganic chemicals, preservatives or colorants used in this Program.
 3. All Eating Plans supplied **exclude ALL PROCESSED FOODS.**

Office Use →



Signature: _____
Date: _____